



COUNTY HEALTH & WELLBEING
COMMITTEE
2015 - 2016 ACTION PLAN



COUNTY HEALTH & WELLBEING COMMITTEE

2017/
2016

2015 - 2016 ACTION PLAN

AIM

This plan has been devised by the National Health & Wellbeing Committee (HWC), and is based on the Three Year Plan developed by the National HWC over the summer. The aim of this action plan, is to outline what the Association wants to achieve within the Health & Wellbeing Section, over the coming 12 months.

CONTENT OVERVIEW

Below is a summary of the 6 key objectives detailed throughout the rest of this document.

Key Objective 1

Continued development of the Health & Wellbeing structures

Key Objective 2

Recruit Tutor(s) & facilitate training for all Club Health & Wellbeing Officers

Key Objective 3

Adopt County Critical Incident Response Plan & support clubs to adopt theirs

Key Objective 4

Grow the number of people trained in safeTALK in the county

Key Objective 5

Support Phase II of Healthy Club Project

Key Objective 6

Complete outstanding objectives from 2014 / 2015

County Health & Wellbeing Committees are encouraged to develop additional objectives to be achieved within the next 12 months appropriate to existing workload and the capacity of the Committee.



COUNTY HEALTH & WELLBEING COMMITTEE | 2017/16

2015 - 2016 ACTION PLAN

Key Objective 1:		<i>Continued development of the Health & Wellbeing structures</i>			
Area of Work:		<i>Management</i>			
Sub-Action		Resources Needed	Schedule	Progress Tracking	Target
A.	Attend County HWC National Forum	– County HWC National Forum	15-Q4	Number of County HWC in attendance	Full County HWC
B.	Continue to operate through regular meetings	– County HWC	Ongoing	Number of meetings held annually	Four meetings (quarterly)
C.	Fully utilise official GAA email as main communication channel	– Official CHWC Email	Start 16-Q1	bi-monthly NWHC email updates	Full engagement
D.	Attend Provincial HWC meetings	– Provincial HWC	Ongoing	Number of Prov. HWC attended	Two annually (March & June)
E.	Submits a bi-annual report to NHWC & County Executive	– Bi-annual Report	Ongoing	Number of submitted reports	Two reports (Twice annually)
F.	Submit an annual report to County Convention	– Annual Report	15-Q4	Number of annual reports	One annually
G.	Make submissions to NHWC for action plan consideration	– Proposals	16-Q3		
H.	Review County Health & wellbeing Terms of Reference and membership annually	– County HWC Terms of Reference	15-Q4	Compliance with ToR	75% compliant
I.					
J.					



2015 - 2016 ACTION PLAN

Key Objective 2:		<i>Recruit Tutor(s) and facilitate training for all Club Health & Wellbeing Officers</i>			
Area of Work:		<i>Training & Personal Development</i>			
Sub-Action		Resources Needed	Schedule	Progress Tracking	Target
A.	Nominate a suitable person to receive Club HWO Tutor Training	<ul style="list-style-type: none"> - Tutor Role Description - Club HWO Tutor Criteria 	End 15-Q4	Number of Tutors per County	One Tutor per County
B.	Schedule Club HWO Training in conjunction with Community & Health Department and HW Training Working Group	<ul style="list-style-type: none"> - Club HWO Tutor 	16-Q1	Status of Training	Training scheduled
C.	Promote Club HWO Training to all Club HWOs in the county	<ul style="list-style-type: none"> - Database of current Club HWOs in the county 	16-Q1	Proportion of Clubs / Club HWOs at training	30% Clubs / 100% Club HWOs
D.	Organise logistics and suitable venue for scheduled Club HWO Training	<ul style="list-style-type: none"> - Suitable venue 	16-Q1	Status of venue	Venue booked
E.	County HWC members attend Club HWO Training	<ul style="list-style-type: none"> - Club HWO Training 	16-Q1	County HWC members in attendance	75%
F.	Provide overview of County HWC Action Plan and ongoing initiatives at Club HWO Training in conjunction with Tutor	<ul style="list-style-type: none"> - County HWC Action Plan - Overview of initiatives 	16-Q1		
G.		-			
H.		-			
I.		-			
J.		-			



2015 - 2016 ACTION PLAN

Key Objective 3:		<i>Adopt County Critical Incident Response Plan & support clubs to adopt theirs</i>			
Area of Work:		<i>Management</i>			
Sub-Action		Resources Needed	Schedule	Progress Tracking	Target
A.	Adopt the Critical Incident Response Plan, adapting accordingly for the County and make available to all Clubs in the County	<ul style="list-style-type: none"> - CIRP templates - County CIRP 		Adoption of CIRP	Plan adopted
B.	Make the Critical Incident Response Plan Guide available to all clubs and support them in adopting it for club purposes	<ul style="list-style-type: none"> - Critical Incident Response Plan Guide 		Proportion of Clubs with CIRP	100%
C.	Promote the County CIRP through online and print media (match programmes etc.)	<ul style="list-style-type: none"> - CIRP press release - CIRP promotion artwork 		CIRP presence on County website and print media	Online CIRP All match progs.
D.	Ensure all County HWC members are familiar with the content and process surrounding the use of the CIRP	<ul style="list-style-type: none"> - CIRP online overview - CIRP reporting form 		Number of people completed CIRP overview	50%
E.		-			
F.		-			
G.		-			
H.		-			
I.		-			
J.		-			



2015 - 2016 ACTION PLAN

Key Objective 4:		<i>Grow the number of people trained in safeTALK in the county</i>			
Area of Work:		<i>Management</i>			
Sub-Action		Resources Needed	Schedule	Progress Tracking	Target
A.	Identify a suitable partner agency capable of delivering safeTALK training within the County	– HW partner database		Identification of partnership	Partner identified
B.	Make contact and agree partnership	– GAA Partnership Policy – Partnership Toolkit		Status of partnership	Partnership agreed
C.	Facilitate safeTALK session for County personnel (senior players / coaches / County Executive)	– safeTALK partner		Number of County safeTALK sessions	One annually
D.	Facilitate safeTALK session for Clubs within the county	– safeTALK partner		Number of Club safeTALK sessions in the County	One annually
E.	Communicate scheduled Club safeTALK to all Club HWOs in the county	– Database of current Club HWOs in the county		Proportion of Clubs at training	30%
F.	Organise logistics and suitable venue for scheduled safeTALK training	– Suitable venue		Status of venue	Venue booked
G.		–			
H.		–			
I.		–			
J.		–			



2015 - 2016 ACTION PLAN

Key Objective 5:		<i>Support Phase II of Healthy Club Project</i>			
Area of Work:		<i>Management</i>			
Sub-Action		Resources Needed	Schedule	Progress Tracking	Target
A.	Support the promotion of Healthy Clubs throughout the recruitment element of Phase II	– Healthy Clubs promotional material	15-Q4	Support of promotion campaign	Campaign supported
B.	Open direct line of communication between chosen County Healthy Club(s) and County HWC	– Healthy Club(s) contacts – Official GAA email	16-Q1		
C.	Have representation at Provincial Healthy Clubs Forums	–	Ongoing	Number of Provincial Seminars attended	Three annually
D.	Support as necessary Healthy Clubs in the county in the delivery of their own action plans	–	Ongoing		
E.		–			
F.		–			
G.		–			
H.		–			
I.		–			
J.		–			



COUNTY HEALTH & WELLBEING COMMITTEE | 2017/16

2015 - 2016 ACTION PLAN

Key Objective 6:		<i>Complete outstanding objectives from 2014 / 2015</i>			
Area of Work:		<i>Management</i>			
Sub-Action		Resources Needed	Schedule	Progress Tracking	Target
A.	Blanket coverage of Club Drug & Alcohol policies within the County	<ul style="list-style-type: none"> - Drug & Alcohol Policy - Database of compliant Clubs 		Number of Clubs with up-to-date Policies	100%



COUNTY HEALTH & WELLBEING COMMITTEE | 2017/16

2015 - 2016 ACTION PLAN

Key Objective 7:		<i>If your county committee intends working towards another action please use this form</i>			
Area of Work:		_____			
Sub-Action		Resources Needed	Schedule	Progress Tracking	Target
A.		-			
B.		-			
C.		-			
D.		-			
E.		-			
F.		-			
G.		-			
H.		-			
I.		-			
J.		-			



COUNTY HEALTH & WELLBEING COMMITTEE | 2017/16

2015 - 2016 ACTION PLAN

Key Objective 8:		_____			
Area of Work:		_____			
Sub-Action		Resources Needed	Schedule	Progress Tracking	Target
A.		-			
B.		-			
C.		-			
D.		-			
E.		-			
F.		-			
G.		-			
H.		-			
I.		-			
J.		-			



COUNTY HEALTH & WELLBEING COMMITTEE | 2017/16

2015 - 2016 ACTION PLAN

Key Objective 9:		_____			
Area of Work:		_____			
Sub-Action		Resources Needed	Schedule	Progress Tracking	Target
A.		-			
B.		-			
C.		-			
D.		-			
E.		-			
F.		-			
G.		-			
H.		-			
I.		-			
J.		-			



2015 - 2016 ACTION PLAN

Key Objective 10:		_____			
Area of Work:		_____			
Sub-Action		Resources Needed	Schedule	Progress Tracking	Target
A.		-			
B.		-			
C.		-			
D.		-			
E.		-			
F.		-			
G.		-			
H.		-			
I.		-			
J.		-			